

Avita of Stroudwater

Contact: Last Updated: 12/14/2021 8:58:19AM Last Reviewed: 12/14/2021 Phones: (207) 857-9007 [Business]*

Web Site: www.northbridgecommunities.com/avita-of-stroug water/

Address: [Business]* Avita Of Stroudwater 113 Landing Rd Westbrook, ME 04092 (Cumberland county) Eligibility: Accepts Mainecare/Medicaid

Notes: Avita of Stroudwater is a 60 unit community that offers assisted living services in private and semi-private apartments for people age 62 and older in need of memory care. Please call for current fee structure and more information about admission procedure. Private pay required for ar initial period before Mainecare accepted after 2 years of private pay. Avita also has an adult day program for seniors with memory issues. They require a 3 day minimum and can go t to 5 days a week. Hours are from 9 a.m. to 4 p.m. Call Avita for more information.

Avita of Wells

Contact: Last Updated: 09/07/2022 3:59:41PM Last Reviewed: 03/14/2022

Phones: (207) 646-5444 [Fax], (207) 646-3444 [Business]*

Web Site: www.northbridgecommunities.com/avita-of-wells/

Address: [Business]* 86 Sanford Rd. Wells, ME 04090 (York county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Private and semi-private apartments in a separate and secure environment to support residents with Alzheimer's and other memory impairments.

Avita's surroundings are thoughtfully designed to be homelike and familiar. Apartments are clustered in small neighborhoods to minimize confusion and agitation and maximize the sense of freedom and comfort.

At Avita, they believe nature plays an important role in the health and happiness of their residents. Each neighborhood is designed with a safe and secure outdoor garden area with pathways for wandering, opportunities for gardening and various seating areas to soak in the sights and sounds of nature.

Avita of Wells also has an adult day center that is open Monday through Friday, 9 a.m. to 4 p.m. Open to anyone needing care. Please call for pricing.

This resource information is provided as a service of the So. Maine Agency on Aging, 30 Barra Road, Biddeford, ME 04005, 1-800-427-7 411. SMAA does not licence, endorse or recommend any specific provider, nor can we guarantee the quality of service from providers. Rev.20240305



Bella Point Bridgton

Contact: Last Updated: 03/17/2022 2:42:15PM Last Reviewed: 12/22/2021 Phones: (207) 647-8821 [Business]

Address: [Business]* 186 Portland Road Bridgton, ME 04009 (Cumberland county) Eligibility: Accepts Mainecare/Medicaid Web Site: www.dltchealthcare.com/bella-point-bridgton/

Notes: Formerly Bridgton Health & Residential Care Center.

Bella Point Bridgton has 43 nursing facility beds and a 16 bed Assisted Living wing for Alzheimer and Dementia ca Rehab Services include Physical, Occupational, and Speech Therapy which is provided on either in-patient or outtient basis. Respite Care is available for stays from 2 to 30 days.

Licensed as Residential Care Facility Level IV and Nursing Facility

The assisted living unit consists of 8 semiprivate rooms, for Alzheimer's/dementia residents and it is a secure, locked unit. This gives us the extra protection to care for your loved ones who like to wander.

The facility is licensed by the Department of Human Services. We are certified by Medicare and accept payments from private funds, third party insurance, Medicare, and Mainecare (Medicaid). We do require pre-approval from Mainecare before we will accept someone for admission. Our Social Services Department is very knowledgeable ir assisting in the Mainecare application process.

Cape Memory Care

Contact: Last Updated: 03/17/2022 2:48:33PM Last Reviewed: 12/22/2021

Phones: (207) 553-9616 [Business]*

Address: [Business]* We 126 Scott Dyer Road Cape Elizabeth, ME 04107 (Cumberland county) Eligibility: Accepts Mainecare/Medicaid

Web Site: www.woodlandsmaine.com

Notes: Cape Memory Care is located in the beautiful and historic town of Cape Elizabeth, this gracious and comfortable environment for living was designed specifically for individuals living with Alzheimer's disease, dementia or other related memory impairments. Features: 72-bed memory care community featuring both private and shared rooms Private pay or MaineCare accepted; Secured environment for living; Personalized plans of care; Specially trained and carefully selected staff available 24/7.

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Country Village Assisted Living

Contact: Last Updated: 03/17/2022 2:49:46PM Last Reviewed: 12/15/2021 Phones:

(207) 627-7111 [Business]*, (207) 627-7505 [Fax]

Address: [Business]* 960 Meadow Road Route 121 Casco, ME 04015 (Cumberland county) Eligibility: Accepts Mainecare/Medicaid

Web Site: www.countryvillageal.com

Notes: Country Village Assisted Living is a licensed Level IV PNMI Residential Care Facility with 30 beds. Services include private rooms, 24-hour staffing, medication monitoring, meals cooked to special needs, daily activities, social outings and events, and a styling and beauty salon. The facility is located within walking distance of the town libra, post office, Casco Days Park, and has a scenic view of Pleasant Lake. Medicaid beds are available.

Fallbrook Woods

-	ted: 03/17/2022 2:50:33PM wed: 02/24/2020	Phones:	(207) 878-0788 [Business]*, (207) 878-7734 [Fax]
Address:	[Business] 60 Merrymeeting Drive	Web Site:	www.fallbrookwoods.com/

60 Merrymeeting Drive Portland, ME 04103 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Fallbrook Woods is a Level IV PNMI Residential Care Facility with 56 beds. It is secure unit for residents with Alzheimer's Disease and other dementias. Services include nurse on call 24/7, three meals/day, housekeeping, laundry, medication administration, personal care assistance, transportation, and an activities program. Residents are welcome to bring their own furnishings. Respite Care can be arranged on a bed-availability basis in both the ALF and Dementia unit. Private Pay for 2 years then accept MaineCare if eligible.

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First Atlantic: Hawthorne House

Contact: Last Updated: 03/17/2022 2:51:14PM Last Reviewed: 12/17/2021

Address: [Business]* 6 Old County Road Freeport, ME 04032 (Cumberland county) Eligibility: Accepts Mainecare/Medicaid Phones: (207) 865-4782 [Business]*

Web Site: www.hawthorne-healthcare.com/

Notes: Hawthorne House is an 81 bed skilled nursing, long-term care, post-acute rehabilitation, memory care and geropsych special care facility and 14 bed locked assisted living memory care. We offer private and semi-private rooms. The facility offers both inpatient and outpatient physical therapy as well as occupational and speech thera. They can help with nutritional concerns, pain management, post-acute care transitions, stroke care, cardiovascula problems, memory care and clinically complex care involving IV's. Respite care can be arranged if a bed is availat . Please contact admissions for more information.

Gorham House Memory Care

Contact: Last Updated: 03/23/2022 11:10:06AM Last Reviewed: 12/22/2021 Phones:

(207) 839-5757 [Business]*, (207) 839-8263 [Fax]

Web Site: www.gorhamhouse.com/memory-care

Address: [Business]* 50 New Portland Road Gorham, ME 04038 (Cumberland county)

Eligibility: Accepts Mainecare/Medicaid

Notes: Oxford Common offers Assisted Living in 8 private and 20 semi-private apartments for people who have Alzheime or other related dementia. It is a totally secure unit that is carefully monitored by fully trained licensed staff. Therapeutic activities for the memory impaired are part of the program. Eligibility: Diagnosis of dementia and in need of a secured unit; must qualify for assisted living. Please call for more information and current costs; private pay required for an initial period before MaineCare accepted.



Island Commons Assisted Living

Contact: Last Updated: 03/25/2022 7:43:15AM Last Reviewed: 03/25/2022 Phones:

(207) 846-5610 [Business]*, (207) 846-9706 [Business Fax], (207) 846-4456 [Other]

Address: [Business]* W 132 Littlefield Road Chebeague Island, ME 04017 (Cumberland county Eligibility: Accepts Mainecare/Medicaid

Web Site: www.islandcommons.com

Notes: Island Commons provides residential and health care services to up to 6 people. Populations served include the dependent elderly, adults with mental illness or retardation, and adults with Alzheimer's/dementia.

There is an on-site licensed Adult Day Program that can accommodate two additional adults each day for health monitoring, rest, and personal care services in addition to a group program of meals, therapeutic activities, medication administration, supervision, and companionship. This program is available to any elder on Chebeague who wishes to spend a day with others, share a meal and participate in-group or individual activities or as respite for the family.

Level IV PNMI Residential Care Facility & Adult Day Program

Please call for more information and the admissions process

Maine Veterans Home

 Contact:
 Phones:
 (207) 883-7184 [Business],

 Last Updated:
 03/17/2022
 2:53:38PM
 (800) 278-9494 [Toll-Free]*

 Last Reviewed:
 12/22/2021
 Web Site:
 www.maineveterans.org

Address: [Business]* 290 US Route 1 Scarborough, ME 04074 (Cumberland county) Eligibility: Accepts Mainecare/Medicaid

Notes: The Maine Veterans' Home in Scarborough have 120 beds providing long term care, short term skilled nursing car memory care, rehabilitation and therapy services. 30 beds for assisted living residential care for those in the early stages of dementia; Respite care; On-site Medical Director and Physician Services; 24-hour RN coverage; Clinical site for educational and training programs. MVH has a team of highly skilled healthcare professionals, trained specifically to care for the physical and emotional needs of Veterans. Offer individualized care plans for each resident integrating nursing care, rehab & therapies, and recreational activities.

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Portland Center for Assisted Living

Contact: Last Updated: 03/17/2022 2:55:04PM Last Reviewed: 03/14/2022 Phones: (207) 772-3230 [Fax], (207) 772-2893 [Business]*

Address: [Business]* 68 Devonshire Street Portland, ME 04103 (Cumberland county) Eligibility: Accepts Mainecare/Medicaid Web Site: www.pcalmaine.com

Notes: Located in the heart of Maine's largest city, Portland Center for Assisted Living provides accommodations for 170 Residents, including 28 secure living spaces for those who are memory impaired. Devonshire Place at PCAL recognizes the unique needs of individuals with memory loss. We believe in the dignity of those we serve by recognizing their physical, emotional and spiritual needs. We strive to assist every individual to achieve their higher level of well being with a tailored atmosphere allowing them to flourish.

The rooms are fully furnished, but residents are welcome to bring personal belongings. Services included in the rates are housekeeping, laundry services, medication administration, 3 meals/day, snacks available anytime, limite assistance with bathing and dressing, and transportation to medical appointments and recreational activities. Plea call for an informational packet and/or a tour of the facility.

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Sentry Hill at York Harbor

Contact: Last Updated: 03/17/2022 3:01:46PM Last Reviewed: 03/17/2022 Phones: (207 (207

(207) 363-5116 [Business]*, (207) 363-4182 [Business Fax]

Address: [Business]* 2 Victoria Court York, ME 03909 (York county) Eligibility: Accepts Mainecare/Medicaid Web Site: www.sentryhillyorkharbor.com

Notes: Sentry Hill is a retirement community that offers a wide range of housing options including The Sentry Hill Inn and The Cottages for independent residential living.

Tennyson Lane provides private and semi-private efficiency apartments ranging in size and price. One bedroom, deluxe one bedroom and studio options all with private baths are available to individuals who enjoy their independence, but need some daily assistance. Supportive services include an in-house 24/7 emergency lifeline system with GPS capabilities, personal care, cueing and anxiety management, in addition to medication administration.

The Browning Lane facility at Sentry Hill offers private and semi-private living suites for people who have Alzheim s Disease or related dementia. This secured neighborhood, supported by a fully trained and dedicated staff, allow residents to enjoy an active lifestyle in the sunshine of the atrium and the lovely garden and does accept Maineca

The Dickens Lane facility provides extended living. Private and Semi-private bedroom suites are available, and residents enjoy an array of activities in the sunroom, recreation room, and outside in the courtyard. Our all inclusi service structure allows residents to age in place.

Please note: Only memory care unit accepts Mainecare.

Please call for current fee structure and admission process to any of Sentry Hill

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Southridge Rehabilitation & Living Center

Contact: Last Updated: 03/17/2022 3:03:01PM Last Reviewed: 03/17/2022

Address: [Business]* 10 May Street Biddeford, ME 04005 (York county) Eligibility: Accepts Mainecare/Medicaid Phones: (207) 282-4138 [Business]*, (800) 671-4138 [Other]

Web Site: www.southridgerehabandliving.com

Notes: Southridge Rehabilitation and Living Center offers a full range of health services from transitional care between hospital and home to long-term nursing care. Rehabilitation is their specialty. They also offer a special program fc patients with Alzheimer's Disease but they do not have a locked unit.

There is a 46-bed assisted living unit. Services include 24 hour nursing care; activities such as exercise classes, films and outings for lunch, shopping and special events; nutritional services; and physical, occupational, speech, and language therapies. Palliative care is provided with particular emphasis on comfort and support for the familie and individuals approaching end stages of life. Please call and ask to speak to someone about admission. Accepts Mainecare. Private pay not required at admission.

Summer Commons

 Contact:
 Phones:
 (207) 206-1360 [Other]*

 Last Updated:
 06/06/2022
 1:00:46PM
 Web Site:

 Address:
 [Business]*
 Web Site:

 21 June St
 Sanford, ME 04073 (York county)
 Web Site:

 Eligibility:
 Accepts Mainecare/Medicaid
 Medicaid

Notes: Summer Commons is a new state-of-the-art licensed 64-bed skilled nursing care center, Long Term Care, as well as a 30-bed assisted living unit specializing in Memory Care. Accepts Mainecare.

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The Cedars

Contact: Last Updated: 10/19/2023 10:06:37AM Last Reviewed: 03/14/2022

Address: [Business]* 620 - 640 Ocean Avenue Portland, ME 04103 (Cumberland county) Eligibility: Accepts Mainecare/Medicaid Phones: (207) 221-7000 [Main]*, (207) 772-6038 [Fax], (207) 772-5456 [Business]

Web Site: www.thecedarsportland.org

Notes: The Cedars offers independent living, assisted living, Memory Care, rehabilitation and Nursing/skilled care options ***Long Term Care Mainecare is ONLY accepted at the Nursing/skilled care level.

> The Atrium is the 61 unit independent living community. Housekeeping, linen service, maintenance, choice of mea plan, and optional social, and recreational programs are included in the monthly fee. Pets, including indoor cats a small dogs, are allowed with permission. **Private pay, please call FMI and for current fee structure - independer living requires an entrance fee.

> Assisted living at The Osher offers the privacy of your own apartment while providing personal support when you need it. Our staff will help you with activities like bathing, dressing and taking your medications – all under the supervision of a registered nurse. With three nutritious meals daily, a calendar of programs and events, housekeeping and laundry services. **Assisted Living is private pay, please call FMI and for current fee structure.

On-site nursing is available at the Rehabilitation Center and the Skilled Care Center at the Cedars. Mainecare is accepted in the Skilled Care Center.

The Sam L. Cohen Households at The Cedars, offering Memory Care Assisted Living and Long-term, Skilled Nursin Care are like nothing Maine's older adults have seen before. Welcoming private rooms and baths. Cozy and comfortable common spaces. Innovative programs and therapies. **Private pay, please call FMI and for current fe structure.

Cedars also offers fine dining take-out Kosher meals. Meal items available correspond with the menu items available to Cedars' Nursing Home residents. Please call dietary department 772-5456 to order meal (s) 2 days in advance, FMI, and to confirm costs. Meals are picked up at the reception desk and are paid for when picked up.

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